



Girlguiding

Buckinghamshire

girls in the lead

The Bucks Bulletin

Buckingham Palace Promises



1st Fulmer Brownies spent a memorable and fun day visiting Buckingham Palace. Having completed their Royal Wedding challenge badges earlier in the years, Brownies were keen to see the beautiful wedding dress and shoes that the Duchess of Cambridge wore on her special day. They also saw a model of the spectacular royal wedding cake, an artwork in itself. Following a picnic in Green Park, the **Brownies visited the Queen's Gallery**, where they saw some of the wonderful art collection owned by the Queen, and they also visited the Royal Mews before visiting the Palace. At the



Royal Mews Brownies saw all the fabulous coaches owned by the Queen and used for royal weddings and other state occasions, as well as an array of small coaches which the royal family have collected over the years, including a sledge decorated for Christmas.

During the visit, two of the newest Brownies from Fulmer, were **officially enrolled as members of 'Girlguiding UK' in the garden at Buckingham Palace**. Isabel Armstrong-Gimblett and Jamie Irvine made their Promise to Brown Owl, watched by their fellow Brownies from Fulmer and many other visiting the Palace that day. Brown Owl, **Angela Hurlstone, said 'Jamie and Isabel both said their Promise beautifully**

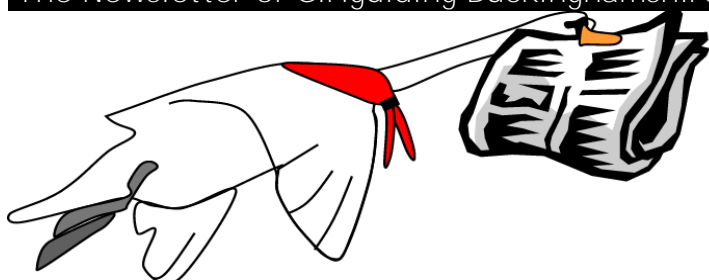
and recited the Brownie Law loud and clear. Both girls were applauded by all present to witness the ceremony. I am sure both girls will always remember the day they made their Promise at the Palace, and it will provide a very special memory for all 1st Fulmer Brownies
Angela Hurlstone

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- ◆ Rikki Award details



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Sue
says...

Awards and certificates

I hope you all had an enjoyable summer and are now back into your unit meetings. I am sure you are all planning your Christmas activities and maybe thinking further ahead to next year and what your units will be doing. All of this takes a lot of volunteer time so I wanted to say a big thank you to you all for your commitment to Guiding and particularly to Guiding in our county. Without you the girls would not be able to enjoy the learning opportunities, fun and friendship that we offer.

During the year we have presented awards to the following volunteers in recognition of their service to Guiding. Congratulations to you all and thank you!

National Good Service Brooch & Certificate

- Pauline Hall County
- Dorothy Downard Milton Keynes
- Sharon Copsey County
- Rikki McKenzie Presented by GGUK

County Good Service Certificate

- Wendy Buckley County
- Sharon Copsey County
- Judy Freeman County
- Mary Hall County
- Pat Kimber County
- Martin Putman County
- Colin Steward County
- Janet Smith North Chilterns

Anglia Certificate & Brooch

- Carole Arnold County
- James Palin County
- Gayle Romney County
- Christina Smith County

County Thank You Certificate

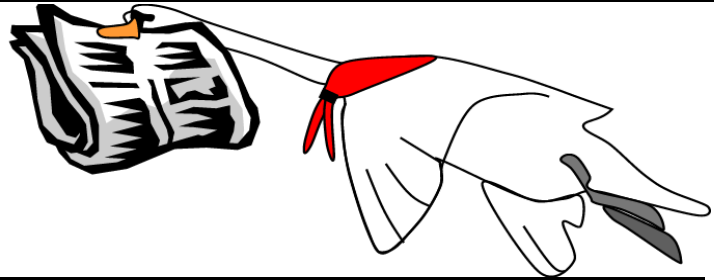
- Christine Clarke County
- Michelle Evans County
- Beth Foster County
- Dr. Sarah Fraser County
- Betty Mills County
- Jane Paterson County
- Martin Poole County
- Margaret Stagg County
- Caroline White County
- Charlie Dennis County
- Deb Shann County
- Brian Roberts County
- Rosemary Roberts County
- Stephen Roberts County

If you know a volunteer who you think deserves an award please see our website for details of the awards and how to make a nomination.

Sue.

Thank You!!

Rainbow News



Rainbow Fun Day



Rainbows Fun Day held at Heron's Lodge on 22nd May was attended by girls from around Loughton Lodge District.

The very eventful afternoon started with the girls being split into groups. They got creative making bead keyrings and had fun at the Mini Rainbow Olympics, even two Leaders couldn't resist taking part and having a go on the space hoopers. Due to the windy weather the tents were set up indoors but that didn't dampen the girls enthusiasm for camping, they all got into their sleeping bags and pretended to be asleep. We then went outside and enjoyed eating hot-dogs and sausages in rolls for dinner. The afternoon ended with a sing a long with parents at the camp-fire. A wonderful afternoon was enjoyed by all. A huge thank you to Mary Wiggins and Karyn Evans for a fantastic day and to Leisha (Young Leader), Katie (Guide) Susan (Guide Unit Leader) and Dave (parent) for helping.



Rachel Merritt- Unit Leader -1st Two Mile Ash Rainbows

Rainbow 'sleep' over

On the morning of Saturday 9 July, 11 Rainbows and 5 adults from 1st Steeple Claydon Rainbow unit arrived at Steeple Claydon's brand new church hall for a sleepover. The theme for the sleepover was Nature and the early afternoon was spent collecting leaves, flowers, twigs, stones, grasses and other items from the church grounds to make into a collage. The girls were very creative and we saw various collages including a cat, a mouse, a person and a face. It was a pity we couldn't keep them.

The rest of the afternoon was very busy with the girls happily making crafts, which included a fan, a spider, a leaf sponge painting and a snail.

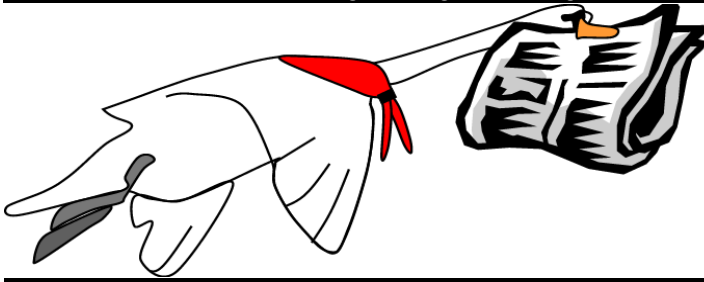
The girls got ready for bed and watched a DVD whilst drinking their hot chocolate. The adults had a well earned cup of tea!

The Rainbows were eager to snuggle up in their sleeping bags with lights out, and on and off and on and off! Needless to say the adults were just as keen to find their sleeping bag at the end of a very busy day.

The adults were delighted with how the sleepover had gone and before they could stop themselves were already thinking about next year's sleepover.....



A toothpick is the object most often choked on by Americans.



Rainbow News

Royal fun

When news broke of a royal engagement at the end of last year, everybody eagerly awaited the royal wedding. 1st Loudwater Rainbows and leaders were no exception. And how better to join in the celebrations than by taking part in the Royal Wedding Challenge. This badge would cover a range of activities based around weddings in general, the royal family and of course the royal wedding itself.

In the weeks leading up to and following on from the wedding our rainbows took part enthusiastically in lots of activities. We covered a range of activities from games to crafts. The first element we covered **was to do with the royal family. For this activity the rainbows played 'Prince Charming's coming'**. This was a new one to our rainbows with an added twist of actions such as Sleeping Beauty, Witch and Troll.

The second part was by far our biggest project for the badge, but one we are probably most proud of. We had to make a wedding card and send it to Prince William and Kate. For a number of weeks our rainbows regularly updated the card which we created as a three-tier wedding cake collage with of course the happy couple on top. The rainbows worked very hard with all the different layers of the cake and also creating their name badge to be placed on the cake. As promised we sent it to the couple prior to the wedding and to our delight during the summer term we received a very kind letter from their representatives informing us that the Prince and Kate had been impressed by our card. All the rainbows were so happy to hear that they liked the card.

For many of the activities our Rainbow sleepover in May was a brilliant opportunity to not only complete the challenge but also a great theme for our sleepover. During their time away the rainbows created sparkling tiaras. The rainbows used their imagination and we had some fantastic tiaras.

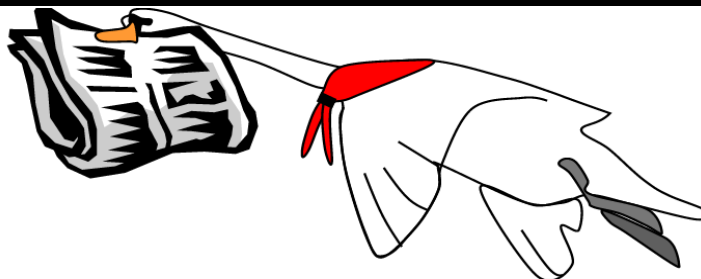
Another important activity that took place on the sleepover was our royal wedding party. Equipped with royal wedding tablecloths, placemats, champagne glasses and lots of nibbles we were able to celebrate our sleepover and, of course, the royal wedding.

At the end of the sleepover we created a wedding day relay race. In teams the rainbows had to put on a blue sock, a veil, pick up a bunch of flowers and of course the last part was to collect the ring. The rainbows enjoyed this activity so much that we ended up playing it again at Rainbows.

With the challenge completed all that was left for the rainbows was to receive the royal wedding badges they had worked so hard for. This was a very enjoyable badge to work for and gave us plenty of chances to enjoy and celebrate the royal wedding together as our unit.



Brownie News



Brownies are Friends to Animals.

Taking inspiration from national pet month which promotes responsible pet ownership, Brownies from 2nd Bourne End Unit decided to start working towards their Friend to Animals badge. The unit enjoyed a recent visit to Pets at Home, Wycombe Retail Park as part of their badge work where they had great fun learning all about how to care for popular pets such as rabbits, hamsters and guinea pigs. The girls rose to the challenge of a quiz testing their knowledge of pets having to decide on the most appropriate food, toys and cage for several animals. The brownies had the opportunity to handle Honey the rabbit whilst they thought of a record 33 words to describe her.



The visit was a big hit with the brownies and we would like to thank Bonnie at Pets at Home for a thoroughly informative session.

Karen Green - 2nd Bourne End Brownies

New Brownie Unit



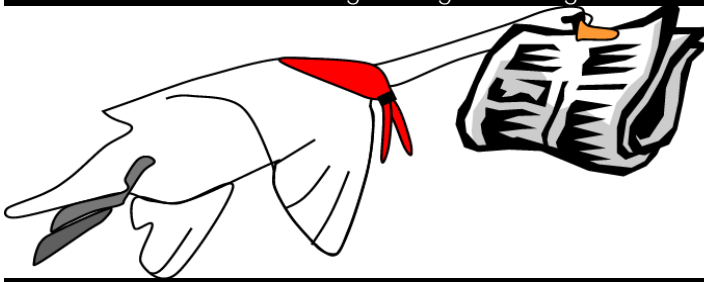
1st Oxley Park Brownies - Milton Keynes is a new unit going from strength to strength. The unit has been successful in obtaining a number of grants to set up the Brownie Pack in March 2011. We having 24 happy Brownies enjoying all the opportunities Guiding has to offer. We were successful in recruiting local volunteers and now have 1 leader, 2 trainee leaders, 2 young leaders and a parent helper. It is anticipated at some point in the future we

can recruit more adult leaders willing to open another new unit as there is such high demand for spaces and we now have a long waiting list.

Jane Morrison- 1st Oxley Park Brownies



Coca-cola was originally green.



Brownie News

Swimming fun

Amersham West District Brownies had great fun at the District's first Brownie Swimming Gala. Despite a slightly chilly July evening over 50 very excited girls arrived ready to race and have fun in the out door pool. Events included swimming a length or a width, Pyjama race; float race, Underwater Adventure and Duck Rescue!



Girls of all abilities were included, although only the stronger swimmers entered the pyjama race. Many of the girls had never been in a pool with clothes on and were quite surprised how difficult it was to swim in clothes due



to the weight of the wet clothing.

Most of Brownies swam in at least two races during the evening, some even managing four or five! Medals were awarded to the winners in each of the races. Once the races had been completed each of the girls enjoyed a snack, a carton of juice and a certificate for taking part before going home for a well-earned rest, with the request for a gala next year please!!

Holiday and Science Fun for 1st Fulmer Brownies



1st Fulmer Brownies recently enjoyed a fun time on pack holiday at Heron's Lodge Guide Centre in Milton Keynes. During their holiday, the Brownies gained their Science Investigator badges and learned about leading female scientists Marie Curie and Rosland Franklin. Angela Hurlstone, leader of 1st Fulmer said "Brownies undertook fun science



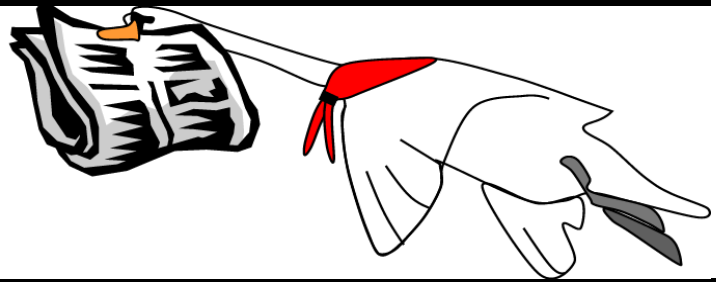
activities, including making coke fountains, balloon rockets and made their own vegetable dyes. The girls were keen to learn that science can be fun. They learned about the work first carried out by female scientist, Rosland Franklin on DNA molecules which provided the knowledge for her colleagues to develop the model of DNA structure".

Brownies also had fun in the traditional Girlguiding UK way, with campfire singing, toasting marshmallows and late night feasts. The Brownies also gained their Pack Holiday badges.

Angela Hurlstone- Leader - 1st Fulmer Brownies



Brownie News



Flying High

On Thursday 11th August 3rd and 4th Newport Pagnell brownies met for a summer activity day. The day started when the girls arrived at 9 am, they were excited in anticipation of the day ahead.

After Breakfast we started our Craft activities which were Clay mobile phone charms, Necklaces and bracelets from beads, butterfly and flower badge making and everyone also had to make a kite ready for flying after lunch. Due to the rain at Lunchtime we had to have a picnic lunch indoors but no one was worried about this.

After lunch the rain had stopped so we were able to go for our planned walk to the local fields taking with us our kites and we all had fun flying them. One of the Brownies decided that Snowy



Owls kite flew better than hers because she was taller. This theory was blown away when Snowy Owl swapped kites with the Brownie and the kite still flew the same!!!

While dinner was being cooked the girls worked on their healthy Heart activity sheets donated to us by the Heart Foundation and they also made posters of why not to smoke and how to keep healthy.

The day ended at 7 pm with a campfire and Brownie Bells and each girl gained a craft Badge and also a Healthy Heart Badge. A GREAT DAY WAS HAD BY ALL!!!!

Sue Robinson.—Newport Pagnell

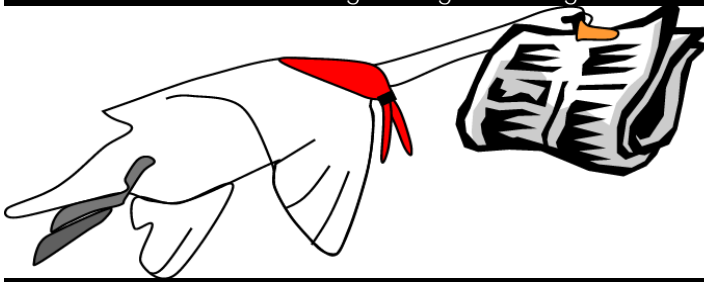
Bowling Fun in Loudwater

Over April and May there had been several bank holidays due to various different reasons, such as the Royal Wedding and Easter weekend. This meant that a lot of the 1st Loudwater Brownies meetings were cancelled due to the fact that they are held every Monday evening. Because of this factor, I and another Young Leader, Sophie Dann, decided to organise a trip out for the Brownies.

On Monday the 11th April 2011, we took the Brownies to the bowling alley located in High Wycombe. We arrived at 5.15pm and finished at 8.15pm, during this time we managed to have two games of bowling, food and a drink.

The girls really seemed to enjoy themselves. They all had a good time experiencing a meeting outside the normal meeting place. You could tell that they were having a good time by the smiles and the excitement on their faces, especially the girl who won both games overall with an amazing score of 178. A fantastic day out enjoyed by all.

Wet sand weighs less than dry sand.



Guide News

BP challenge weekend.



One weekend in May we took our BP Challenge Guides on a Survival Weekend in an "undisclosed location"!, where they had to walk to safety over 6 miles conduct some orienteering with map and compass reading, be blindfolded and trust their shadow to take them to safety, on arrival build a bivouac, make fire, find and cook their own food, gut, fillet and cook a fish, which most of them did (well done them), sleep overnight in their bivouacs, rise at 6am and light fires, cook their breakfasts and strike camp and then walk a further 8 miles back home. All while carrying their "worldly goods on their backs", and taking care of vital seeds for the future in packs (most of which were lost over the weekend), and carrying many blisters and stiff legs. Well done to all the girls. Meanwhile the leaders Nicky Dodd of 2nd Chalfont st Giles and Phil Larman of 1st Chalfont St Peter, "checked them out, supervised the set up of their bivouacs, fires and food, and



checked them back in at the end of the weekend." *Phil Larman—Chalfont St Peter Guides*

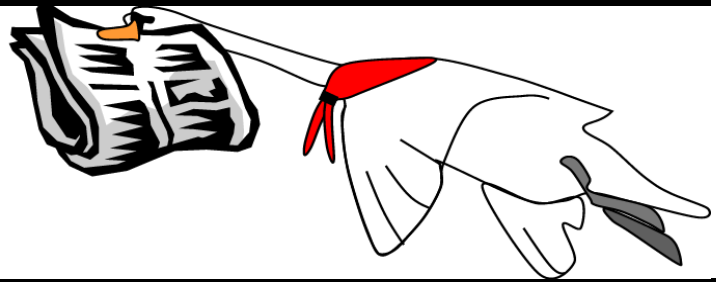
BP challenge weekend.

Rotary International supports the End Polio Now Campaign to eradicate polio throughout the world. Last October Chesham Rotary club planted thousands of purple crocus corms in Chesham's Lowndes Park helped by two of the local Guide units. The colour purple is significant: when children in countries where polio is endemic are immunised the nail on the little finger of their left hand is painted purple to so they do not get immunised twice. At the same time a challenge was issued by the Rotary club to the children of Chesham to see who could grow purple crocus in the most unusual container. 10th Chesham Guides took up this challenge and planted their corms in an old style Guide hat. When their container was in bloom they added a centenary neckerchief and submitted a photograph entitled 'The Old & New'. To their delight it was judged the best entry and the unit was awarded a £50 prize.

Jane Paterson—10th Chesham Guides



Guide News



Liz Dighton Cup

At a joint meeting of 1st and 2nd Marlow Bottom Guides on 18th May, John Dighton presented the Liz Dighton Memorial Cup to Alex Eden. Alex is the first recipient of the cup which has been given to Marlow Bottom Guides by the Dighton Family, and we were very pleased to welcome John, Claire, Rachel and Robert along with Liz's mum and dad.



Liz was a leader at 2nd Marlow Bottom Guides for twenty years and had during that time also been District Commissioner for a number of years. She will be remembered for her hard work and attention to detail and it is in this spirit that the cup will be presented annually. Congratulations to Alex - Well done.
Rosemary Lewis- District Commissioner

1st and 4th Gerrards Cross and 4th Denham Guide camp

Guiders watched the sky, worried, when they arrived at Willow Tree Centre in June. The forecast wasn't good so they started getting tents pitched before the inevitable storm started. With half the tents up, and the heavens well and truly open, Guides started arriving and pitching patrol tents in the rain. By the time the other Guides arrived to join the 'Campfire' the girls were well and truly soaked. This didn't deter them, they were in great voice and although the campfire was held in the shelter and s'mores were cooked over tea lights, the pizza was enjoyed and all went home, or to their tents, happy.

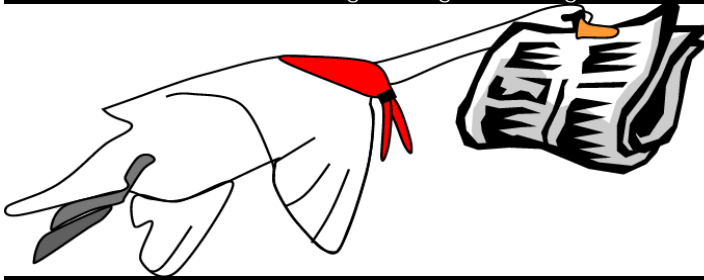
Saturday looked good to start but yet again the inevitable rain came. The programme was changed again and again. During the Viking-War wide game came the heaviest of the showers. Guides, like drowned rats, returned to the shelter having had a water fight. The afternoon was dry and the walk to Ruislip lido went ahead, biscuits and cake were the reward for getting there.

Sunday morning was dry and tents dried quickly. The Guides did pioneering, making A frames and racing them, instructed by Explorer scout leaders. It was hard work but fun.

Aurora, the County bear came to camp and took part in all activities - her diary has gone back to County office to tell about her exploits. She and the girls had a great time and are looking forward to the next camp in September.



Human thigh bones are stronger than concrete!



Guide News

Quiet Guides!!!

On the 11th May, 1st Marlow and 2nd Marlow Bottom guides took part in a deaf awareness evening organised by myself. Beforehand, we held a sponsored silence during another meeting and the guides raised £415 overall -which was split into equal thirds of £135 and was shared between three charities who help those who are deaf - hearing dogs for the deaf, NDCS and RNID.

On the night, the girls had an opportunity to learn more about hearing aids; they also learnt and used some British Sign Language. At the end they played Chinese whispers to see things can sound different if you do not hear clearly and even learnt Taps in sign language. The girls presented a cheque to a representative from Hearing Dogs for the Deaf, Lynne Ward who was astounded at the amount that was made. Lynne is deaf also and she spoke to the girls about what a difference hearing dogs make to the lives of those who are deaf.

Not only was Lynne and everyone else amazed by how much the girls made, but how they had managed to keep quiet for so long.

Katie Large—1st and 2nd, Marlow Bottom guides



2nd Chesham Bois Guide Camp

This was an experience never to forget. As this was our first Guide camp, we found it very exciting and extremely fun! We were split into patrols of six; each patrol had a name related to the theme of Cowboys and Indians. The weather was different throughout the weekend, with rain at the beginning and sun at the end. We also had a surprising downfall of hail.

The highlights of the weekend were: Cooking, Tuck, the wide games, Sports, the campfire and the challenges. We cooked our meals on an open fire. Some of the things we cooked were Sausages, Pasta, Bacon and Eggy bread. The wide games were done in the evening. We did a treasure hunt which the prize was sweets and a game where each patrol had to find CD's.

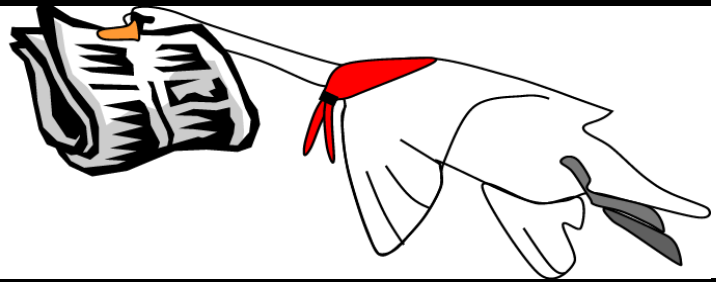
In the woods we had a big campfire. Before this we made up our own songs to well known tunes and sung them to the rest of the pack. Some of the songs we learnt at the campfire were **Three Blind Jellyfish**, **Oh you'll never go to heaven**, **Black Socks**, **Three Little Angels**, **Cuddly koalas**, **Our Sergeant major**, **Thunderation** and **Marilyn Monroe**. After singing these we made Marilyn Monroe tune songs about Harry Potter and Victor Crum. We did a range of different Challenges some of our favourites were Scavenger Hunt, Knots, crafts and orienteering.

Overall we really enjoyed this fantastic camp and we were sad to go home. We were all really exhausted and smelled strongly of smoke. We were all filled with happy memories to tell our families. We can't wait for the next Guide camp!!! By Jenna Holloway and Daniella Peck



Ketchup was sold in the 1830s as medicine.

Guide News



Foxlease Fun



This year, 4th Taplow and Hitcham Guides thought we would camp a little further from home and make the most of the facilities available at Foxlease. So 15 of us, 3 adults, 11 guides and my 4 year old daughter spent the August bank holiday weekend on



Woodpeckers campsite. Despite some very, very heavy rain we

survived the 4 days in wellies. The large wooden shelter on the campsite is a fantastic facility that makes such a difference when the weather is bad, I was very impressed when I saw how well equipped the campsites were. Fridges and larders are not what we expect when taking the girls camping. The rain was so heavy at one point that we tried very hard to get the guides to abandon their tents that were sitting in 2 inches of water and to sleep in the shelter. But to their credit they refused to budge and the following morning emerged fairly unscathed and had managed to keep most of their bags dry, the benefit of using lightweight tents with built in ground sheets!

The girls had great fun, pioneering, raft building, kayaking, climbing and getting very wet in the lake. At one point when we were lost in the New Forest and had walked about 2 miles in the wrong direction I **was lamenting my lack of a compass. It wasn't until I got home that I realised that I had had my new phone with me with full GPS capabilities and could have pulled up a satellite image of where we were!**

There is so much to do on site and in the local vicinity that we'll be back another year to make the most of what the Activity Centres can offer - we just have to decide which one we are going to visit next year.

Nina Heavyside- 4th Taplow and Hitcham Guides.

Competition Hike

The Competition Hike happens normally once a year. I have participated twice now. Last year we came third. This year I had a new team **and we came well we finished and it was great fun and it doesn't matter what place you come it's the taking part that counts.**

Our team was the Pandas - Johanna, Rochelle, Hannah and me, Aimee. And we took with us our Unit mascot, a panda called Promise.

Each team had a map, a set of instructions and a compass to help you find your way around. There were checkpoints along the route where you had to get your card hole punched or you might get disqualified. I have to admit that we got lost twice and had to use the emergency phone. The first time it was a silly mistake. We were told to go back on ourselves and were soon back on **the right route. The second time we weren't really lost, it was just taking a very long time to get to the next checkpoint and we thought we might have gone astray.**

We all had so much fun I cannot put it into words. We sang as we walked and had a great time. I would **really recommend it to other Guide Units. I would like to do the hike again, it's fun, it's a challenge and it's a good way to get exercise!**

Aimee Hearn, 10th Chesham Guides



The oldest known goldfish lived to 41 years of age. Its name was Fred.

World Scout Jamboree

Denmark

Copenhagen was superb. Our accommodation was the Wake-Up Copenhagen hotel, which had at least 12 floors and 1,000 members of the UK contingent staying in it. During both days in our patrols we were typical tourists, exploring and discovering the historic city. The first night was a visit to Trivoli Gardens (a theme park) and the second was the party we had all been waiting for. The evening was presented by Matt Littler and Darren Jeffries and the group Alphabet performed, who were amazing, along with other tribute bands.

Sweden

What an adventure that I'm never going to forget - from swimming in a lake to climbing up a tower (which was an adventure in itself as I don't like heights.) From the top you could see over my sub-camp Autumn. The view was absolutely amazing. The word amazing **doesn't even begin to describe the Jamboree itself, as it was a life changing experience which when you start recalling memories from the event and try to describe them, you become speechless!** The theme was Simply Scouting which was anything from learning about culture to discovering how our world works and most importantly why.

There were 5 module activities that were compulsory to attend:

- 1) Dream- An activity that started at midnight and took you through the circle of life but starting with death.
- 2) Quest- This included running through the forest, and exploring the wildlife and heart of the forest.
- 3) People- We learnt about cultural diversity. Also we got to create our own city- including rules and how to communicate.
- 4) Earth- Here we got to discover a bit more on how our planet works. As a patrol we purified water and worked with wind and soil.
- 5) Camp in camp- This was brilliant for so many reasons the first one being because they put us on a **coach and didn't tell us where we were going until we arrived. I think there were about 50 sites** and we could have ended up on any of them. We travelled and camped with just our patrols and not units. This was nice not only to have some space away from the whole Unit but when we got back we had lots of stories to share. On our sub-camp here we were hosted by Norwegians and also shared with Japanese. During our stay we went canoeing, joined in with craft activities and went swimming in the muddy lake.

The actual jamboree site was massive. It included an immense 39,000 members of Scouting and Girlguiding. It was split into the 4 seasons and Spring was just for IST (International Service Team.) I was part of Autumn. Within each sub-camp there were 6 sub-sub-camps. I stayed on Bohuslan. This is a province in Sweden where you can fish for the famous crayfish that are feasted on in Autumn.

Slovakia

Here I stayed with a lovely family who made myself and my 2 friends from the Essex contingent feel very welcome in their home for a few days. They lived in a town called Pezinok an hour outside of Bratislava. Just like in Copenhagen we were tourists exploring and learning the history of the city. We used lots of transport; cars, buses and trams not forgetting walking.

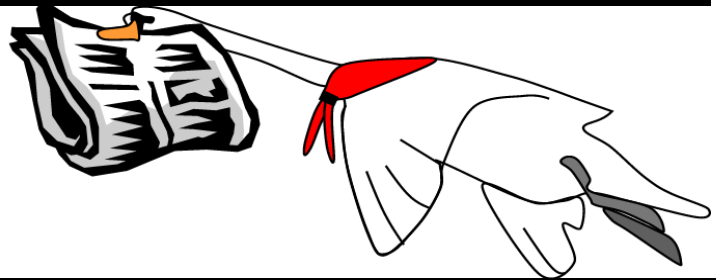
I am now looking forward to the Jamboree re-union to meet up with the Essex Contingent and recall our many memories. Anybody that has the chance to go to an **international opportunity should take it; I almost didn't** and would have made a massive mistake. At first the fundraising is daunting but it is definitely worth it. The whole experience was phenomenal.

Rebecca Mills



Most lipstick contains fish scales!

District News



District Day trip to Whipsnade



On Saturday 10th September nearly 200 Rainbows, Brownies, Guides, Senior Section, adult leaders and parent helpers went on our District outing to Whipsnade Zoo. We were all keeping our fingers crossed for the weather, rain was predicted but we were lucky and only one light shower during the day.

Lots of us met at the sea lion show and later at the penguins. Our Rainbow unit have adopted a rock hopper penguin called Rita and were especially excited when they were given a mention at the talk. Rita was moulting and was hiding but the keeper managed to encourage her out of her burrow so the Rainbows had a brief glimpse of her.

W e n d y Swann



District Day at Black Park

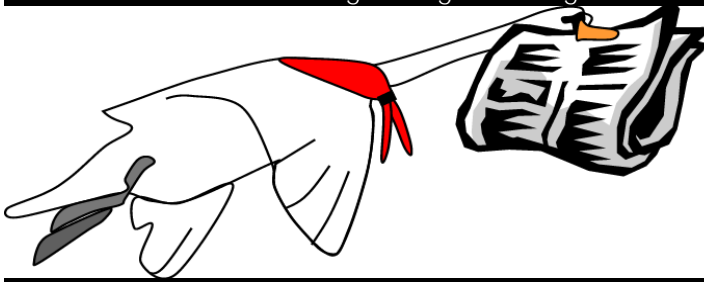


Twenty-nine girls attended the 2nd Annual District Day at Black Park on 31st August. This year's theme was, "World Guiding Goes Tartan" to tie-in with the recent World Association of Girlguides and Girl Scouts conference in Scotland. Activities included making a Furry Haggis, London Underground Quiz and discussing what's good about being a girl.



Everyone who attended earned a "Guiding Goes Tartan" Badge.
Alison GX and Denham/Evreham Districts

By raising your legs slowly and lying on your back, you can't sink in quicksand.



Trefoil News

Fun in Aylesbury



Aylesbury Trefoil Guild have had a very busy summer. We began by helping one of our members celebrate her 80th birthday with a Barbecue at the Guide Hut in June. The sun actually shone for us that day. Then we helped the Division with a "Guiding awareness day" in Aylesbury's Friars Square. We spent the day face-painting, making crafts and Father's Day cards and running a Raffle. We had several inter-



ested parents asking us who we were and also one or two people who were interested in helping, unfortunately not in Aylesbury as they lived elsewhere. In July we went to the Savill Gardens at Windsor. The rain stopped just after we got there and it stayed dry until after we left. It was a lovely outing and there was much to see in the Gardens and plenty of colour in the borders.

Beth McCunn



Knitting Challenge

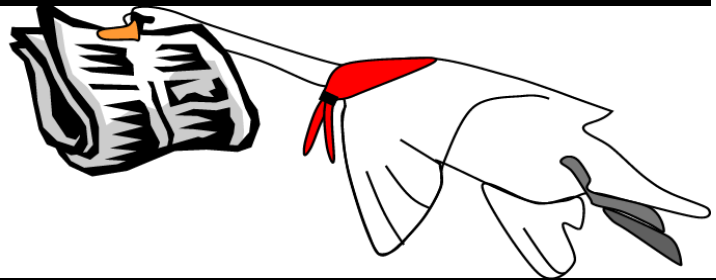
Bucks County Trefoil Guilds have each been set a Challenge to make a wrap for the Iain Rennie Hospice at Wendover. Aylesbury Guild really took the challenge to heart and have already knitted enough squares to make 4 quilts.!! Most of the work has been done by 3 of our members, Joan James, Barbara Paxton and Doreen Green who between them have made 3 wraps. The other was made by members and stitched together by Joan. This photo shows them finishing off the 4th wrap and displaying the other 3. And, of course, it hasn't finished there as more squares are being knitted by our members.

It's amazing to see what can be done when people get started!

Beth McCunn



Trefoil & SS News



T'ai Chi in Chesham

Chesham North Trefoil Guild got active at their September meeting. We had a T'ai Chi Presentation. Chris, our instructor, demonstrated T'ai Chi moves in at slow measured pace he then demonstrated the same moves at a very fast pace just in case we had not appreciated that the seemingly gentle art of T'ai Chi was a martial Art. We learned how to control our breathing and how to concentrate the mind while making T'ai Chi movements. Some of our members chose to do the movements seated while others stood to wave their arms in the air. The last exercise was done in true Guide fashion seated in a circle.



The afternoon was enjoyed by all members even those who questioned at the beginning if it was for them. We were so encouraged that some of us thought that we may join a T'ai Chi class.

Patricia Cherrill - Chesham North Trefoil Guild.

Wicked

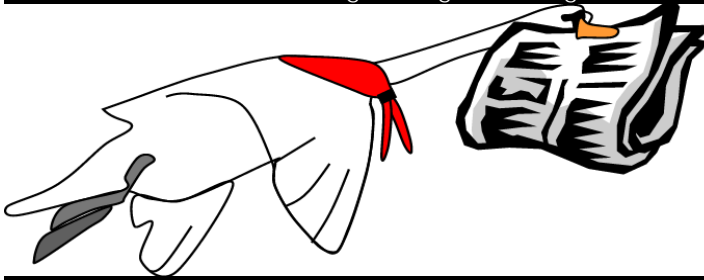
We set off on time from Aylesbury for our afternoon out in London. We had our packed lunch on the train and then made our way on the underground to the Apollo Victoria theatre. There were loads of Rangers and Guiders waiting to go in, and we were very excited. We managed to jump the queue and go to our seats in the stalls about 6 rows from the front. The show was amazing and we really liked Glinda, Elphaba and Fiyero as he was good looking. The costumes were fantastic and we liked the dragon above the stage. The monkeys were very agile. It was interesting to listen to the questions and answers at the end too and learn that they only have 10 seconds to get changed. All in all a fantastic show,



well worth the money. We are looking forward to the next ASSK event. Aylesbury Rangers



Banging your head against a wall uses 150 calories per hour.



SS News

Firefly Rangers

In September 2010 Firefly Rangers opened, they are the Hughenden District Rangers and have members from each of the Guide Units in the District as well as a few girls who haven't been Guides at all. All of the leaders are doing their Module 1 for Senior Section and so the Rangers have been growing into Senior Section along with their leaders. One of our favourite activities has been the £5 challenge. We meet at Morrisons in High Wycombe, to shop for ingredients for a two course meal and then we returned to our meeting place in Speen and cook the meal. We have done lots of other food based activities, been canoeing and produced treasure hunts around Speen to challenge each other's ability to work through very cryptic clues.

To celebrate the end of our first year 6 Rangers and 2 leaders went to Gilwell 24 in July. This is a 24 hour continuous event for Explorer Scouts and Senior Section. The challenge is to keep going for 24 hours without sleep. We decided to go very lightweight, and take very little cooking equipment, so the other



challenge was to survive on the fast food outlets onsite!! There were a wide range of activities onsite from the very adventurous; 3G swing, flying trapeze and high ropes right through to the fairground and disco. The favourite of our Unit was the Fairground and the AA driving school. Sadly heavy rain in the early evening made the site quite muddy and cold and our unit retreated to bed at about 2am. They had a great time and certainly couldn't keep their eyes open on the journey home on Sunday morning. Thanks to Tom Hall our Unit Helper for helping with transport and getting up very early on Sunday to come and collect us. Pauline Hall, Leanne Viccars -Firefly Rangers (Hughenden District)

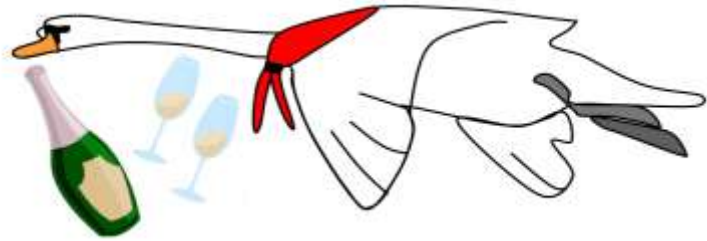
Dragon Boating

Every year for the past few years Deirdre Hansen (County Boating Advisor) has organised one or two Dragon Boat teams to enter the Longridge Dragon Boat Championships. This event is entered by a wide range of teams, some highly trained Dragon Boat teams like the Warrington Orientals and other teams like ours which are put together for the event with very little preparation beforehand. In the past I have spent this event peacefully sitting under a gazebo, making cups of tea and serving high carbohydrate snacks to our teams to keep them going between their heats. This year things were a little different, Deirdre was not able to be there and I found myself running the teams, ably supported by Gayle Romney and Pam Passmore. Thanks to both of them for endless form filling in and supplies of food and cups of tea. We had 22 Guides on the day, the first challenge being to find two teams of 18 plus a drummer? With the help of three members of 3rd Chesham Scouts and rearrangement of the schedule so some girls could paddle twice, we produced two full boats. The Bucks Signets went through to the repercharge and then the semi finals. Each time a slightly different crew was put together and they put on a creditable performance. Well done to all who took part. (Please can I go back to making tea next year?!)



Pauline Hall- Firefly Rangers (Hughenden District)

Thank you!



Thank You Certificates

Thank you Certificate Service Awards August 2010 - July 2011 - Recognised Volunteers

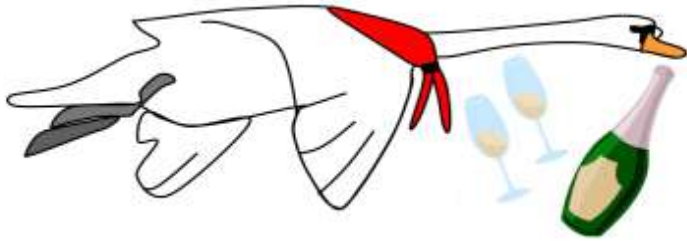
| <u>5 year Service Certs</u> | <u>Division</u> | <u>10 year Service Certs</u> | <u>Division</u> |
|-----------------------------|------------------|------------------------------|-----------------|
| Maxine Ashmen | Kingswood | Suzanne Beaney | Aylesbury East |
| Susan Ashworth | Aylesbury East | Christine Brittin | Kingswood |
| Yvonne Baker | Ouse Valley | Mary Cole | Burnham Beeches |
| Susan Batson | Aylesbury East | Ann Winter | Milton Keynes |
| Sally Beard | Amersham | | |
| Jane Biggs | Chepping Wycombe | <u>50 year Service Certs</u> | <u>Division</u> |
| Karen Fox | Buckingham | Barbara Clarke | High Wycombe |
| Heather Gobran | Kingswood | | |
| Linda Kemp | Aylesbury Vale | | |
| Christine McAteer | Amersham | | |
| Julie Pinder | Aylesbury Vale | | |
| Margaret Plummer | Kingswood | | |
| Mr Sam Potter | Aylesbury | | |
| Stephen Russell | Bletchley | | |
| Katherine Seagrief | North Chilterns | | |
| Marie-Christine Smith | Ouse Valley | | |
| David Tebbutt | Ouse Valley | | |
| James Wilson | Burnham Beeches | | |
| Sandra Wise | Burnham Beeches | | |

Walking with the stars

Intrepid leaders Jane Paterson, Daphne Clarke and Frances Tuffney from Chesham took part in this year's Walk with the Stars in aid of the Hospice of St Francis, Berkhamsted. Clad in pink they covered the 11 mile route from Hemel Hempstead to Berkhamsted and back in 3 hours 10 minutes (that's going it!). With two other friends, the Guiding Stars team raised £1,423.50 and there's more to come once gift



Cows can have regional accents.

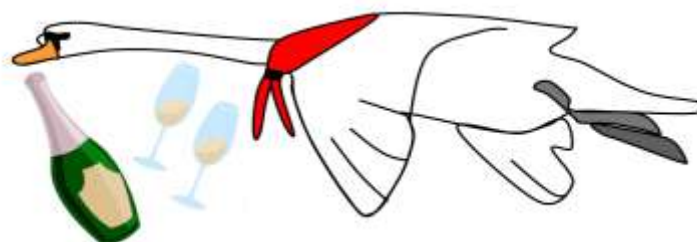


Service Awards

5 Year Service Awards

| <u>5 year Service Bars</u> | <u>Division</u> | <u>5 year Service Bars</u> | <u>Division</u> |
|----------------------------|------------------|----------------------------|------------------|
| Caroline Agostinelli | Buckingham | Susan Ann Jones | Thames |
| Natasha Avery | Ouse Valley | Adrienne Lacey | North Chilterns |
| Katherine Banks | Ouse Valley | Rosemary Lewis | Thames |
| Sally Bentley | Ouse Valley | Rachel Mason | Burnham Beeches |
| Stephanie Buckeridge | Thames | Claire Morris | Milton Keynes |
| Emma Burslem | Chepping Wycombe | Sally Newell | Chepping Wycombe |
| Helen Burton | Burnham Beeches | Sarah Nohavicka | Chepping Wycombe |
| Nicola Cammack | Burnham Beeches | Adrian Palmer | Amersham |
| Catherine Campbell | Chepping Wycombe | Iona Plain | Milton Keynes |
| Raachel Church | Ouse Valley | Helen Pugh | Thames |
| Fiona Collins | Burnham Beeches | Anne-Marie Quinn | Burnham Beeches |
| Myra Connell | Amersham | Sonia Raja | High Wycombe |
| Susan Cotterell | Amersham | Amy Rowland | Aylesbury Vale |
| Lynne Crump | Aylesbury East | Bryony Skelton | Burnham Beeches |
| Helen Daly | High Wycombe | Hazel Spencer | Milton Keynes |
| Rebecca Davis | High Wycombe | Sarah Sumner | Amersham |
| Maureen Donovan | Amersham | Lynne Taberer | Aylesbury East |
| Samantha Dreelan | Burnham Beeches | Sarah Travell | Bletchley |
| Olwen Elliott | Thames | Bethany Unsworth | Aylesbury East |
| Judith Fearn | Burnham Beeches | Leanne Viccars | High Wycombe |
| Claire Ferris | Burnham Beeches | Maria Walker | North Chilterns |
| Sarah Fitzpatrick | Burnham Beeches | Claire Wallike | Milton Keynes |
| Samantha Folwell | Ouse Valley | Susan Weathers | Thames |
| Elizabeth Gough | Burnham Beeches | Mary Wiggins | Milton Keynes |
| Kim Graul | Chepping Wycombe | Lisa Williams | Kingswood |
| Grace Hansen | High Wycombe | Margaret Williams | Amersham |
| Sara Harding | Buckingham | Susan Wood | Kingswood |
| Erica Haynes | Burnham Beeches | Christine Wright | Aylesbury East |
| Victoria Heath | Buckingham | Laura Wright | Ouse Valley |
| Michelle Jackson | Thames | | |

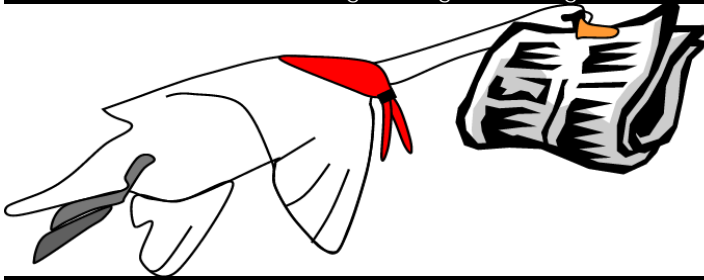
And certificates



10, 20, 30 and 40 Year Service Awards

| 10 year Service Awards | Division | 20 year Service Awards | Division |
|------------------------|------------------|-------------------------|-----------------|
| Ceri Arlett | Milton Keynes | Elizabeth Boakes | North Chilterns |
| Helen Armstrong | Thames | Evelyn Boyd | Amersham |
| Abigail Bromfield | Milton Keynes | Anne Brien | Aylesbury East |
| Patricia Burrows | Thames | Jean Finn | Aylesbury |
| Victoria Chantler | North Chilterns | Lisa Ford | North Chilterns |
| Alison Crook | Kingswood | Anne Hammond | Ouse Valley |
| Yvonee Dalton | Buckingham | Dawn Irving | Bletchley |
| Kerrie-Ann Doherty | High Wycombe | Sarah-Jane King | Bletchley |
| Janet Dunlop | Kingswood | Lyn Lee | Chep Wycombe |
| Elaine Eckersley | Amersham | Janet Marr | Aylesbury East |
| Kay Francis | North Chilterns | Carol McCutcheon | County |
| Bernice Holloway | Aylesbury | Karen McLean | Burnham B |
| Rachel Janusz | Kingswood | Elaine Muir | North Chilterns |
| Marilyn Johnson | Burnham Beeches | Carrie Owen | Ouse Valley |
| Julie Leonard | Amersham | Julia Sparks | High Wycombe |
| Morag Mason | Burnham Beeches | Deborah Tindle | Ouse Valley |
| Anne McIntyre | Milton Keynes | | |
| Janet Miller | Burnham Beeches | 30 year Service Awards | Division |
| Hannah Morgan | Aylesbury Vale | Linda Cambourne-Paynter | Ouse Valley |
| Susan Morton | Kingswood | Maureen Camier | Kingswood |
| Elizabeth Pearce | Kingswood | Linda Carter | Bletchley |
| Hazel Plummer | High Wycombe | Christine Clarke | Aylesbury |
| Carole Rowbottom | Chepping Wycombe | Daphne Clarke | North Chilterns |
| Carolyn Sanders | Aylesbury East | Susan Flower | North Chilterns |
| Karen Savage | Thames | Judith Freeman | Aylesbury East |
| Sally Sharman | Ouse Valley | Susan May | North Chilterns |
| Alison Sherwood Bruce | Aylesbury East | | |
| Angela Slater | Burnham Beeches | 40 year Service Awards | Division |
| Janet Smith | Chepping Wycombe | Maureen Burbridge | Amersham |
| Emma Thorogood | Aylesbury East | Ann Fiander | Kingswood |
| Sarah Tricks | North Chilterns | Margaret Stagg | Chep Wycombe |
| Sarah Westaby | Amersham | | |
| Kirsten White | Burnham Beeches | | |
| Kim Williams | Milton Keynes | | |
| Jennifer Wodey | Buckingham | | |

Only 30% of people can flare their nostrils.



Notice Board

Bucks International Cookery Competition

On Saturday 21st May, 15 teams of Guides, senior section and leaders arrived at Ellesborough to take part in the International Cookery Competition.

The teams then set up their areas decorating them with pictures, flags, costumes and music. Once all the rules had been read out then the teams started cooking. There was a variety of different countries that were represented including South Africa, Greece, Italy, China, France, India, England, Mauritius and Sweden. The smells soon started filling the air and after 2 hours of cooking each team had produced a starter, a main meal and a dessert from their chosen country.

The judges then had to have a try of all the dishes and then judged the teams on various categories including taste and presentation. They had a very hard job of awarding points and after much deliberation the top three results were:

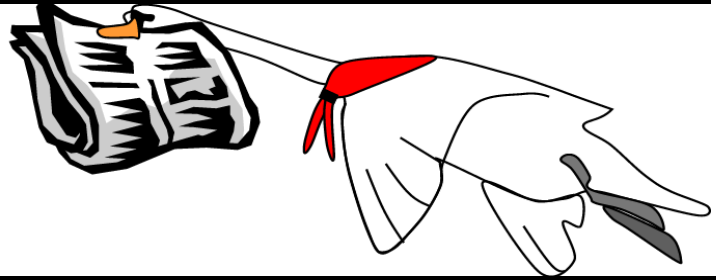
- 1st Italian Dudes, 10th Chesham Guides, 109 points
- 2nd China, 10th Chesham Guides, 108 points
- 3rd Crazy Cooks, 2nd Chesham Bois Guides, 106 points

Everyone had a fantastic day, the teamwork was commendable and if you couldn't make this year then make sure you take part next year!

Janice Lorton

| | | | | |
|------------------|------------------|----------------------------------|-----|--------------|
| 1st | Italian Dudes | 10th Chesham Guides | 109 | Italy |
| 2nd | China | 10th Chesham Guides | 108 | China |
| 3rd | Crazy Cooks | 2nd Chesham Bois Guides | 106 | Sweden |
| 4th | Bunnies | 10th Chesham Guides (adult team) | 105 | South Africa |
| 5th | | 1st Dinton Guides A | 104 | France |
| 6th | | 1st Dinton Guides B | 100 | China |
| 7th | | 3rd Marlow Guides | 96 | |
| 7th | | 3rd Chalfont St. Giles D | 96 | |
| 8th | | 1st Princes Risborough Guides | 95 | |
| 9th | Quackers | 1st Aylesbury Guides | 94 | |
| 10th | Saga Dancers | 4th Chesham Guides | 93 | |
| 11th | | 3rd Chalfont St. Giles | 91 | |
| 12th | Quattro Amiciei! | 1st Aston Clinton Guides | 88 | Italy |
| 12 th | Cookie Heads | 1st Fenny Stratford Guides | 88 | England |
| 13th | Bella | 2nd Chesham Bois Guides | 59 | Italy |

Notice Board



Rikki Award 2012

RIKKI AWARD 2012



Plan a 'Whacky Olympics'. Devise whacky events around normal everyday activities e.g. domestic chores. Hold the event with your local Guide Unit and submit timings and photographs of the competition to enter the 'Rikki'.

The 'Rikki' Award is a competition and the trophy will be given to the Senior Section group or individual who is judged, by a small panel of judges, to have produced the best entry.

Rules:

Entry can be individual or from a Unit

Closing date for entry is 1st June 2012

Entries can be made in any format (i.e. CD/DVD/Scrapbook/Photographs)

Judging will take into account: originality, enthusiasm, involvement of all participants in an entry, production and most of all, the imaginative interpretation of the Topic.

The winning entry will be announced in early July 2012.

All entries to be sent either to the County Office or direct to Rikki at Robins Wood, Radnage

In4mers

Hi, I'm Sarah Pearce and I am a trained In4mer with 4 an exciting peer education initiative all about working 4ward, 4 self, 4 others. Here is a bit about what an In4mer is:

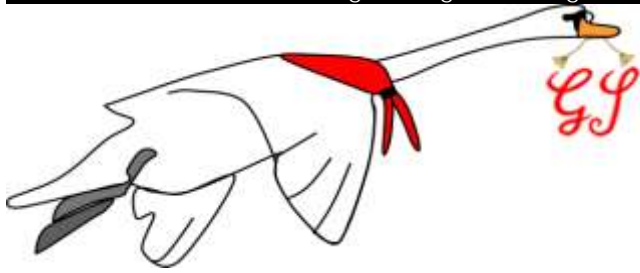
The aim is to enable the development of skills, knowledge and understanding of girls and young women by creating opportunities for them to learn from each other. In4mers are trained peer educators from the Senior Section who run sessions for other Brownies, Guides, other Senior Section members and Leaders. You can also work with schools or youth groups. They are expected to facilitate a minimum of three sessions a year.

As an In4mer I am currently trained to deliver sessions on: bullying, eating disorders, the media, and refugees. I am also able to research other topics and run sessions on them. I am based in Aylesbury but can travel if requested. If you would like more information or to book a session please contact Sarah Pearce at guiding@sarahpearce.co.uk

If you are aged 14-25, or know someone who is and would like more information about becoming an In4mer then contact me on the email address above and I will put you in touch with someone who can help. If you are already trained as an In4mer then please get in touch too.

I look forward to hearing from you soon. Sarah

↘ In Kentucky, it's the law that a person must take a bath once a year.



Notice Board

So, What is a Scout and Guide Gang Show?

Shows of today are very different from the days of Ralph Reader and the show in London that started it all in 1932.

Today they combine new and original material comprising popular music and dance and give members of Girlguiding UK and The Scout Association an opportunity to have lots of fun, make new friends and have a go at singing, dancing and acting simple routines on stage in front of a live audience



We are able to give young people the opportunity to become more confident, learn to work as a team, improve co-ordination and gain a whole myriad of personal experiences. For those who do not want to be in front of the audience, there is always a need for more folk to assist with back stage management, scenery production, wardrobe, and front-of-house tasks. All this is done in the safe environment you would expect of a Guide and Scout event.

In High Wycombe we use the superb facilities of the Lancaster Arts Centre at Wycombe Abbey Girls School and our next show is already in production for performances on Wednesday 28th to Saturday 31st March. Our Gang consists of 100+ local members of the Scouting and Guiding in the South of Buckinghamshire who produce, manage and perform the entire show. If you have never been to one of our shows before let us amaze you with the enthusiasm and talent of our local cast.

Why not plan your Spring programme to include a Unit trip to see the show? Tickets will go on sale in January 2012 so keep your eyes open for the flyers that will be distributed and updates on the website www.hw-scouts.org.uk/gs/tickets.

It's a lot of fun and you will not be disappointed.

Join us at the 26th High Wycombe Gang Show from the
28th - 31st March 2012

New Guiders

Growing guiding is in focus at the moment and every-one can do their bit by helping a Leader in Training to complete the Qualification. It sometimes seems daunting but it's all things that occur naturally in the Unit programme. It doesn't take a genius to work out "more leaders = more youngsters" and there are 300 Leaders in Training in Bucks. Linda

Congratulations to these new Guiders.

Names of Leaders, Assistants and Young Leaders who have completed the Leadership Qualification or extra Modules from 01.04.11 - 30.09.11

| Name | Modules | District | Division |
|-------------------------|--------------------|-------------------------|------------------|
| Natasha Avery | Brownie 1,2,3,4 | Loughton Lodge | Milton Keynes |
| Heather Ashford | Brownie 1,2,3,4 | Marlow Bottom | Thames |
| Samantha Baker | Rainbow 1 | Farnham & Hedgerley | Burnham Beeches |
| Kate Banks | Brownie 1,2,3,4 | Olney | Ouse Valley |
| Francesca Barnett | Brownie 1,2,3 | Chalfont St Peter | Amersham |
| Ceri Brownsill | Brownie 1,2,3,4 | Newport Pagnell | Ouse Valley |
| Janet Campbell | Rainbow 1 | Seckloe Hundred | Milton Keynes |
| Kate Chambers | Rainbow 1,2,3,4 | Wolverton | Ouse Valley |
| Suzanne Charlesworth | Brownie 1,2,3 | High Wycombe North | Kingswood |
| Kimberley Clarke | Guide 1 | Wolverton | Ouse Valley |
| Helen Collier | Rainbow 1 | Wing | Aylesbury East |
| Franceska Curtis | Brownie 1,2,3,4 | Newport Pagnell | Ouse Valley |
| Zoe Digby | Brownie 1,2,3 | Chesham North | North Chilterns |
| Katie Farrell | Brownie 1&4 | Gerrards Cross & Denham | Burnham Beeches |
| Carly Francis | Rainbow 1&4 | Chesham South | North Chilterns |
| Eleanor Garth | Rainbow 1 Module 4 | Chesham South | North Chilterns |
| Rosemary Hall | SS 1&4 | Chesham North | North Chilterns |
| Sandra Hollick | Guide 1,2,3 | Wing | Aylesbury East |
| Rebecca Lake | Guide 1,2,3,4 | Newport Pagnell | Ouse Valley |
| Gill Lawrence | Rainbow 1 | Downley | Chepping Wycombe |
| Maria Lynch | Guide 1,2,3,4 | Wing | Aylesbury East |
| Kim Miles | Brownie 1,2,3,4 | Wing | Aylesbury East |
| Karen Miller | Rainbow 1&3 | Downley | Chepping Wycombe |
| Jennifer Mills | Brownie 1,2,3,4 | Seckloe Hundred | Milton Keynes |
| Gina North | Rainbow 1,2,3,4 | Princes Risborough | Chepping Wycombe |
| Ann Page | Rainbow 1 | Wing | Aylesbury East |
| Charlene Retallack-Hall | Guide 1,2,3 | Loudwater | Kingswood |
| Hannah Rogers | Rainbow 1,2,3,4 | Walton | Milton Keynes |
| Amy Rowland | Module 4 | Aylesbury Vale | Aylesbury Vale |
| Carolyn Sanders | Rainbow 1 | Wing | Aylesbury East |
| Gill Sandford | Rainbow 1,2,3 | Princes Risborough | Chepping Wycombe |
| Sue Sawyer | Guide 1 | Grendon Underwood | Buckingham |
| Ann St Pierre | Guide 1,2,3 | Chesham South | North Chilterns |
| Joan Simmons | Guide 1,2,3 | Bletchley | Bletchley |
| Mary Smith | Brownie 1,2,3,4 | Amersham West | Amersham |
| Nikki Stratford | Rainbow 1,2,3,4 | Winslow | Buckingham |
| Kate Thompson | Brownie 1,2,3 | Wendover | Aylesbury East |
| Eleanor Truman | Guide 1,2,3,4 | Gerrards Cross & Denham | Burnham Beeches |
| Emma Walton | Brownie 1,2,3,4 | Newport Pagnell | Ouse Valley |

Take Flight— The Back Page Bits



Editor's Contact Details



If you have anything to go in the next edition, or an up and coming event, please email me on:

bucksbulletin@yahoo.com, see county directory for my other contact details.

The deadline for the next issue is 2nd Jan 2012

Disclaimer: The opinions expressed may not be those of the Editor or of Girlguiding Buckinghamshire. The editor reserves the right to edit copy. Whilst every effort has been made to ensure the accuracy of information, liability cannot be accepted for any errors or omissions

Quotes

As usual I accept NO responsibility for the quotes. I cannot guarantee their authenticity or accuracy. I found them on a website and they tickled me. I think some are true and can only hope some aren't!

They came from here....

<http://www.experienceproject.com/stories/Want-To-Share-Some-Funny-Statistics/198591>

And here: <http://www.thehumorblog.com/amazing-funny-facts-statistics/2243/>

Nicky

Editor's Bit

I'm really pleased that I've been able to increase the number of pages again. I received loads of articles this term. Thank you so much for sending them. Keep them coming but don't forget to check the photo permissions.

Due to the way it all gets sent to the printers, it is easier if pictures are attached to emails separately, not embedded in a Word document. Text can be sent as a Word document or in the **body of an email. Don't worry too much about the formatting, I tend to have to re-format it to make it fit the pages anyway.** Please use the new bulletin email address: bucksbulletin@yahoo.com Thanks, Nicky

Don't Forget! Dates for the Diary!

For further information about training contact your Division Guiding Development Representative or County Office on girlguidingbucks@btconnect.com

November 2011

Sat 19th Guiding on a plate, County day.

January 2012

Mon 2nd Bulletin deadline

Thu 12th Commissioners Air and Share - Ellesborough

Thu 19th Advisers Air and Share - Ellesborough

Mon 23rd A Safer Space - North

Mon 23rd County Finance Meeting

Wed 25th Meet and Sing - for all those who like to sing

Thu 26th Guiding Development Meeting

Sat 28th First Response - Venue TBC

Tue 31st County Executive/Awards Meeting

February 2012

Wed 1st New Rainbows & Brownies - North

Wed 8th New Guides & Snr. Section - North

Thu 9th International Meeting

Wed 22nd Meet and Sing - for all those who like to sing

Wed 29th Senior Sec. Meeting - Ellesborough

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